

## **‘Sport connects! Take part in ‘Sport integrates Hessen’\***

Find your favourite sports club in Sontra and have fun with us - we'll help you!

### **Discover the diversity of sport in Sontra and the surrounding area**

- Football, gymnastics, athletics and many other sports
- Open to everyone - no matter where you come from or how much money you have

### **Why take part?**

- Make new friends and practise your German
- Stay fit and healthy
- Become part of a community

### **We support you**

- Experienced sports coaches will help you get started
- Opportunity to qualify as a trainer
- We help you with questions about club sports



Contact us for more information:

**Sport Coach für Sontra**

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\*The ‘Sport integriert Hessen’ programme is aimed at refugees, people with a migration background and socially disadvantaged and educationally disadvantaged people to give them access to integration and social participation through sport.